

# Crisis Resource List North Charleston, SC

#### **Government Resources**

#### **Federal Assistance**

- <u>Unemployment Benefits</u> To the extent employees are eligible for unemployment for reasons related to unforeseen circumstances, as determined by state agencies, additional funds may be available. Contact your state unemployment agency for further information.
  - https://www.dol.gov/coronavirus
  - o https://www.dol.gov/coronavirus/unemployment-insurance
  - https://dew.sc.gov/individuals/apply-for-benefits

#### South Carolina Department of Health and Environmental Control

- <u>DHEC</u> If you have general questions about COVID-19, call the DHEC Care Line at 1 (855) 472-3432.
- <u>Health Information</u> Click on the link below to find out more about current health information.
  - https://www.scdhec.gov/news-releases/south-carolina-announces-two-deaths-related-covid-19-32-additional-cases

## Local Resources

#### Food Assistance

- <u>Miner Crosby Community Center</u> Grab-and-go lunches for children 18 and under.
- <u>Felix Pinckney Community Center</u> Grab-and-go lunches for children 18 and under.
- Low Country Food Bank According to their website, LCFB is fully operational and are working closely
  with their partners agencies to determine the safest methods to serve the most vulnerable with meals
  and stocked food. Click on the link below to find out how to receive services.
  - https://www.lowcountryfoodbank.org/covid-19-response/

## Alorica Resources (for Alorica Employees only)

- <u>Employee Assistance Program/Manage Health Network, Inc.</u> Professional support for emotional, family and other personal matters and guidance on financial and legal issues (register with the company code: Alorica).
  - https://members.mhn.com/web/public/default/MyBenefits
- <u>Virtual Doctor Visit Benefit</u> If you're enrolled in the Alorica medical plans administered by Century Health (MEC), HPI or BlueCross BlueShield and don't feel well for any reason, a virtual doctor visit benefit may be available to you.
  - Century Health (MEC) Visit https://member.healthiestyou.com/user/sign-in and click "Register Now" or call 1-866-703-1259
  - HPI Visit doctorondemand.com/health-plans-inc or call 1-800-997-6196
  - BlueCross BlueShield Visit www.bcbstx.com/member or call 1-800-521-2227
- <u>Alorica PerkSpot</u> PerkSpot has some amazing cash-saving opportunities for you such as coupons for groceries and discounts on GrubHub and Postmates, click on the link below for more saving opportunities.
  - o https://alorica.perkspot.com/

- <u>PayActiv</u> (US Employees only) Alorica employees have the option to sign up for PayActiv which gives employees the opportunity to get financial relief between paychecks. To learn more about PayActiv click on the link below.
  - https://www.payactiv.com/employees/

# **General Resources**

- <u>Centers for Disease Control and Prevention</u> About COVID-19.
  - https://www.cdc.gov/coronavirus/2019-ncov/about/index.html
- <u>World Health Organization</u> Updates on COVID-19.
  - o https://www.who.int/emergencies/diseases/novel-coronavirus-2019/events-as-they-happen
- <u>National Association of School Psychologists</u> Talking to Children about COVID-19.
  - https://www.nasponline.org/resources-and-publications/resources-and-podcasts/schoolclimate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resultingfrom-covid-19?ck\_subscriber\_id=342989428%C2%A0
- <u>Financial Planning</u> Every day you make many decisions about how to spend your money. Whether your grocery shopping, driving to work, paying bills or just watching TV, there are small things you can do to spend less. This booklet has 100 ways to help you start saving money today.
  - https://www.familycredit.org/resources
- <u>Auntbertha.com</u> Aunt Bertha's network connects people seeking help and verified social care providers that provide services like medical care, job training, food, financial assistance and more.
  - https://www.auntbertha.com/
- <u>National Domestic Violence Hotline</u> 1 (800) 799-7233 (SAFE) or TTY 1 (800) 787-3224.
  - https://www.thehotline.org/help/
- <u>National Suicide Prevention Lifeline</u> 1 (800) 273 -8255