



## CRISIS RESOURCE LIST Mexico

### Government Resources

#### Mexico Government

- [Health Information](#) – Click on the link below to find out more about current health information.
  - <https://coronavirus.gob.mx/>
  - <https://coronavirus.gob.mx/contacto/#directorio>

### Local Resources

#### Puebla Government

- [COVID-19 Updates](#) – To get the latest health information in the city of Puebla click on the link below.
  - <https://www.puebla.gob.mx/>

#### Guadalajara Government

- [COVID-19 Updates](#) – To get the latest news on COVID-19 in the city of Guadalajara click on the link below.
  - [https://guadalajara.gob.mx/gdlWeb/#/detalle/95/Coronavirus-COVID19?utm\\_medium=boton&utm\\_source=web&utm\\_content=origen&utm\\_term=organic](https://guadalajara.gob.mx/gdlWeb/#/detalle/95/Coronavirus-COVID19?utm_medium=boton&utm_source=web&utm_content=origen&utm_term=organic)
- [Medical Services](#) – To learn more about the medical services available to you click on the link below.
  - <https://coronavirus.jalisco.gob.mx/que-es-el-covid-19/#prevencion>

#### Mexico City Government

- [COVID-19 Updates](#) – To get the latest news on COVID-19 in Mexico City click on the link below.
  - <https://covid19.cdmx.gob.mx/>
  - <https://www.cdmx.gob.mx/portal/articulo/brigadas-de-salud-entregaran-kit-medicocovid-19>
- [Hotline](#) – If you are experiencing COVID-19 symptoms send a message to 51515 with the message COVID19 to get more information on the appropriate protocol to take.

## **General Resources**

- [Gobierno de Mexico](#) – The Mexican government has created videos that will help parents explain COVID-19 to children. To view these videos, click on the link below.
  - <https://coronavirus.gob.mx/ninas-y-ninos/>
- [Lifeline](#) – 800 911 2000
- [National Domestic Violence Hotline](#) – 800 799 7233