

Crisis Resource List Lake Mary, FL

Federal Resources

Federal Assistance

- <u>Unemployment Benefits</u> To the extent employees are eligible for unemployment for reasons related to unforeseen circumstances, as determined by state agencies, additional funds may be available.
 Contact your state unemployment agency for further information.
 - https://www.dol.gov/coronavirus
 - https://www.dol.gov/coronavirus/unemployment-insurance
 - o www.floridajobs.org

Florida Health Department

- Health Information Click on the link below to find out more about current health information.
 - o COVID-19 Call Center 1 (866) 779-6121
 - http://www.floridahealth.gov/

Local Resources

Orange County Resources

- Orange County To stay up to date with latest information about COVID-19 in Orange County click on the link below.
 - https://www.orangecountyfl.net/EmergencySafety/Coronavirus/Coronavirus-ResidentResources.aspx#.Xot_PyhKjIV
- <u>Aspire Health Partners</u> According to their website, Aspire Health Partners is offering a dedicated telephone line to assist residents with mental health concerns related to COVID-19. Residents can call the helpline to be connected with a caring mental health professional.
 - 0 1 (407) 875-3700

Seminole County Resources

- <u>Citizen Information Line</u> Seminole County Emergency Management and Florida Department of Health-Seminole personnel will be on hand to answer non-emergency questions related to COVID-19 and Seminole County's response.
- <u>COVID-19 Testing</u> To get more information on testing facilities click on link below.
 - http://www.seminolecountyfl.gov/departments-services/county-managers-office/prepareseminole/emergencyevent.stml
- <u>Rental Assistance Program</u> If you are experiencing a financial hardship due to employer and/or school closures and are seeking rental assistance, submit an application for assistance to www.seminolecountyfl.gov/apply4help.
 - For more information, please call 407-665-2300.

Food Assistance

- <u>Second Harvest Food Bank</u> Residents need of food assistance can visit Second Harvest Food Bank' online food locator to find a list of feeding partners near their residency.
 - https://www.feedhopenow.org/site/SPageServer/?pagename=need_food

Alorica Resources (for Alorica Employees only)

- Employee Assistance Program/Manage Health Network, Inc. Professional support for emotional, family and other personal matters and guidance on financial and legal issues (register with the company code: Alorica).
 - https://members.mhn.com/web/public/default/MyBenefits
- <u>Virtual Doctor Visit Benefit</u> If you're enrolled in the Alorica medical plans administered by Century Health (MEC), HPI or BlueCross BlueShield and don't feel well for any reason, a virtual doctor visit benefit may be available to you.
 - Century Health (MEC) Visit https://member.healthiestyou.com/user/sign-in and click "Register Now" or call 1-866-703-1259
 - HPI Visit doctorondemand.com/health-plans-inc or call 1-800-997-6196
 - BlueCross BlueShield Visit www.bcbstx.com/member or call 1-800-521-2227
- <u>Alorica PerkSpot</u> PerkSpot has some amazing cash-saving opportunities for you such as coupons for groceries and discounts on GrubHub and Postmates, click on the link below for more saving opportunities.
 - https://alorica.perkspot.com/
- <u>PayActiv</u> (US Employees only) Alorica employees have the option to sign up for PayActiv which gives
 employees the opportunity to get financial relief between paychecks. To learn more about PayActiv
 click on the link below.
 - https://www.payactiv.com/employees/

General Resources

- Centers for Disease Control and Prevention About COVID-19.
 - https://www.cdc.gov/coronavirus/2019-ncov/about/index.html
- World Health Organization Updates on COVID-19.
 - o https://www.who.int/emergencies/diseases/novel-coronavirus-2019/events-as-they-happen
- National Association of School Psychologists Talking to Children about COVID-19.
 - https://www.nasponline.org/resources-and-publications/resources-and-podcasts/schoolclimate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resultingfrom-covid-19?ck_subscriber_id=342989428%C2%A0
- <u>Financial Planning</u> Every day you make many decisions about how to spend your money. Whether your grocery shopping, driving to work, paying bills or just watching TV, there are small things you can do to spend less. This booklet has 100 ways to help you start saving money today.
 - https://www.familycredit.org/resources
- <u>Auntbertha.com</u> Aunt Bertha's network connects people seeking help and verified social care
 providers that provide services like medical care, job training, food, financial assistance and more.
 - https://www.auntbertha.com/
- National Domestic Violence Hotline 1 (800) 799-7233 (SAFE) or TTY 1 (800) 787-3224.
 - https://www.thehotline.org/help/
- National Suicide Prevention Lifeline 1 (800) 273 -8255