



Crisis Resource List Bluefield, WV

Government Resources

Federal Assistance

- [Unemployment Benefits](#) – Unemployment benefits may be available to eligible individuals who are requested by a medical professional, local health authority or employer to be isolated or quarantined as a consequence of COVID-19, even if they are not actually diagnosed. To those who do not have internet access, have a disability requiring assistive technology or need further assistance should call 1-800-252-JOBS.
 - <https://uc.workforcewv.org/consumer/?lang=en>

West Virginia Employment commission

- [Unemployment Benefits](#) – The Commonwealth has taken unprecedented steps to fight the spread of COVID-19 as well as making substantial moves to help those in the workforce who've been affected by this global event. The page linked below will serve as your online resource to learn about any changes to the benefits application process along with VEC office closings, pertinent news releases and links to other helpful sites.
 - <https://workforcewv.org/unemployment>

West Virginia Department of Health and Human Resources

- [COVID-19 Alerts and updates](#)
 - <https://dhhr.wv.gov/Pages/default.aspx>
- [COVID-19 Hotline](#) – 1 (800) 887-4304

Virginia Department of Health

- [COVID-19 cases in Virginia](#) – Click on the link below to find out more about the approach that the state of Virginia is taking to address the COVID-19 pandemic.
 - <http://www.vdh.virginia.gov/coronavirus/>

Local Resources

City Assistance

- [City of Bluefield](#) – To receive updates on COVID-19 in the city of Bluefield click on the link below.
 - <https://www.cityofbluefield.com/citymanager/page/covid-19-update-3-march-23-2020>

Other

- [Auntbertha.com](#) – Aunt Bertha's network connects people seeking help and verified social care providers that provide services like medical care, job training, food, financial assistance and more.
 - <https://www.auntbertha.com/>

Alorica Resources (for Alorica Employees only)

- [Employee Assistance Program/Manage Health Network, Inc.](#) – Professional support for emotional, family and other personal matters and guidance on financial and legal issues (register with the company code: Alorica).

- <https://members.mhn.com/web/public/default/MyBenefits>
- [Virtual Doctor Visit Benefit](#) – If you’re enrolled in the Alorica medical plans administered by Century Health (MEC), HPI or BlueCross BlueShield and don’t feel well for any reason, a virtual doctor visit benefit may be available to you.
 - Century Health (MEC) – Visit <https://member.healthiestyou.com/user/sign-in> and click “Register Now” or call 1-866-703-1259
 - HPI – Visit doctorondemand.com/health-plans-inc or call 1 (800) 997-6196
 - BlueCross BlueShield – Visit www.bcbstx.com/member or call 1(800) 521-2227
- [Alorica PerkSpot](#) – PerkSpot has some amazing cash-saving opportunities for you such as coupons for groceries and discounts on GrubHub and Postmates, click on the link below for more saving opportunities.
 - <https://alorica.perkspot.com/>
- [PayActiv \(US Employees only\)](#) – Alorica employees have the option to sign up for PayActiv which gives employees the opportunity to get financial relief between paychecks. To learn more about PayActiv click on the link below.
 - <https://www.payactiv.com/employees/>

General Resources

- [Centers for Disease Control and Prevention](#) – About COVID-19.
 - <https://www.cdc.gov/coronavirus/2019-ncov/about/index.html>
- [World Health Organization](#) – Updates on Covid-19.
 - <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/events-as-they-happen>
- [National Association of School Psychologists](#) – Talking to Children about COVID-19.
 - [https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-\(coronavirus\)-a-parent-resource?fbclid=IwAR0I30rS27K-SzYftLgsVOUTJwSZEVOZPL6m2mmSbrMQB1EFathHMCK8OW8](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource?fbclid=IwAR0I30rS27K-SzYftLgsVOUTJwSZEVOZPL6m2mmSbrMQB1EFathHMCK8OW8)
- [Financial Planning](#) – Every day you make many decisions about how to spend your money. Whether you are grocery shopping, driving to work, paying bills or just watching TV, there are small things you can do to spend less. This booklet has 100 ways to help you start saving money today.
 - <https://www.familycredit.org/resources>
- [National Domestic Violence Hotline](#) – 1 (800) 799-7233 (SAFE) or TTY 1(800) 787-3224.
 - <https://www.thehotline.org/help/>
- [National Suicide Prevention Lifeline](#) – 1 (800) 273 -8255